

# Lesson 1 – The Disruption (Sin & Separation)

## Introduction

If Lesson 0 revealed our beginning in love, Lesson 1 reveals the tragedy that disrupted it. Humanity was created for intimacy, stewardship, and fellowship with God, but through sin, we chose independence over obedience. The fall was not just the breaking of a rule, it was the breaking of a relationship. To understand redemption, we must first understand why we needed it.

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## Teaching Session

### 1. The Entrance of Sin

#### Genesis 3:1–6 (NIV)

*Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden’?”*

*The woman said to the serpent, “We may eat fruit from the trees in the garden, but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”*

*“You will not certainly die,” the serpent said to the woman. “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”*

*When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.*

- The serpent introduced doubt about God’s Word.
  - Sin began with deception and disobedience.
  - Adam and Eve exchanged trust in God for independence.
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### 2. The Consequence of Sin

#### Genesis 3:22–24 (NIV)

*And the Lord God said, “The man has now become like one of us, knowing good and evil. He must not be allowed to reach out his hand and take also from the tree of life and eat, and live forever.” So the Lord God banished him from the Garden of Eden to work the ground from which he had been taken. After he drove the man out, he placed on the east side of the Garden of Eden cherubim and a flaming sword flashing back and forth to guard the way to the tree of life.*

- Humanity lost access to eternal fellowship.
  - Sin created separation from God.
  - Exile from Eden represents broken communion with the Creator.
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### 3. The Spread of Sin

#### **Romans 5:12 (NIV)**

*Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all people, because all sinned.*

- Through Adam, sin spread to all humanity.
  - Sin is not just an act — it is a condition that affects every human being.
  - Death, both physical and spiritual, became the universal reality.
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### 4. The Weight of Sin

#### **Romans 6:23 (NIV)**

*For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*

- Sin pays wages — separation and death.
  - Humanity's rebellion brought consequences beyond the garden.
  - The need for redemption is not optional; it is absolute.
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### 5. The Broken Relationship

#### **Isaiah 59:2 (NIV)**

*But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.*

- Sin is more than failure; it is separation.
  - Relationship with God is severed until reconciliation comes.
  - This explains the universal human ache for something more.
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## Study & Discussion Questions

1. What strategies did the serpent use in Genesis 3 that still appear in temptations today?
2. How does understanding sin as “separation from God” change the way you think about it?

3. Why do you think humanity so often chooses independence from God rather than trust in Him?
  4. In what ways do you see the effects of sin (brokenness, death, separation) in our world today?
  5. Why is it important to recognize the reality of sin before understanding God's grace?
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## Application & Reflection

- **Memory Verse:** *“For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.”* (Romans 6:23, NIV)
- **Personal Reflection:** Identify one area of your life where sin or self-dependence has created distance between you and God. Write it down and pray for His forgiveness and restoration.
- **Group Activity:** In small groups, share how you have seen the effects of sin in relationships, communities, or personal life. Then together, read Romans 5:12–21 and reflect on how God's grace is greater.